

November 2023

Home delivered meals for Barnes,
Drummond, Grandview, Iron
River and Mason.

Bayfield County
Dept. of Human Services
117 E. 5th St / PO Box 100
Washburn, WI 54891
715.373.6144

Week of:	Monday	Tuesday	Wednesday	Thursday
November 1-2			Beef Taco Burrito Refried Beans Shredded Lettuce Canned Pears Mild Salsa & Sour Cream	BBQ Pork Loin Mashed Potatoes Broccoli Cuts Fresh Fruit Whole Wheat Dinner Roll
November 6-9	Beef Shepard's Pie California Vegetable Blend Fresh Fruit Whole Wheat Bread	Ham w/ Brown Sugar Glaze Peas & Carrots Baked Beans Fresh Fruit Whole Wheat Dinner Roll	WW Spaghetti & Meatballs Side Salad w Ranch Dressing Tomatoes & Cucumbers Canned Peaches	Salisbury Steak & Gravy Pickeled Beets Fresh Fruit Whole Wheat Dinner Roll
November 13-16	Meatloaf & Brown Gravy Mashed Potatoes Steamed Broccoli Fresh Fruit Whole Wheat Bread	Beef Stew & Biscuit Sauteed Zucchini and Squash Fresh Fruit	Roast Chicken w/ Gravy Mashed Potatoes Green Beans Pineapple Chunks Whole Wheat Bread	Roast Turkey w/ Gravy Glazed Yams, Cranberry Sauce Apple Crisp Classic Bread Stuffing
November 20-23	Hearty Chicken Stew Italian Vegetables Fresh Fruit Whole Wheat Bread	Chicken Broccoli Alfredo Italian Vegetables Fresh Fruit	Salisbury Steak w/ Gravy Mashed Potatoes Pickled Beets Canned Pears Whole Wheat Dinner Roll	THANKSGIVING DAY CLOSED
November 27-30	Roast Chicken w/ Gravy Root Vegetables & Baked Beans Fresh Fruit Whole Wheat Bread	Broccoli Cheese Soup Egg Salad on Slider Bun Lettuce, Tomatoes, Pickles Fresh Fruit Mustard	Zen Sweet & Sour Pork Brown Rice Asian Blend Vegetables Pineapple Tidbits	Lasagna & Garlic Toast Mixed Vegetables Canned Peaches